## Learning

## Definition of Learning

(any relatively permanent change in behavior brought about by experience or practice)
discovered by lvan Pavlov $-[$ focused on observable, measurable behavior
worked with salivating dogs

| several key elements |
| :--- |
| must be present |
| and experienced |


| unconditioned stimulus (UCS): original, naturally occurring |
| :--- |
| stimulus that ordinarily leads to an involuntary response |
| unconditioned response (UCR): involuntary response |
| to the unconditioned stimulus |
| conditioned stimulus (CS): previously neutral stimulus that begins |
| to cause the same kind of involuntary response when paired |
| repeatedly with the UCS |
| conditioned response (CR): response that is given to the CS |

## Classical Conditioning

(learning to make an involuntary response to a stimulus other than the original, natural stimulus that normally produces it)


## Classical Conditioning (continued)

(learning to make an involuntary response to a stimulus other than the original, natural stimulus that normally produces it)

$$
\text { Why does it work? } \quad\left[\begin{array}{l}
\text { Pavlov—stimulus substitution occurs where the CS comes to activate } \\
\text { the same part of the brain that was originally activated by the UCS } \\
\text { cognitive perspective-organism consciously expects } \\
\text { something to occur; CS provides information about } \\
\text { the coming of the UCS (based on work of Rescorla) }
\end{array}\right.
$$

## Learning



Thorndike - developed law of effect-action followed was among the first by pleasurable consequence will tend to be to study learning of repeated; action followed by unpleasant voluntary responses consequence will tend not to be repeated

## Operant Conditioning

(learning to make voluntary responses through the effects of positive or negative consequences)


| reinforcemen | ary reinforcers: satisfy basic biological needs (e.g., hunger, thirst, touch) |
| :---: | :---: |
| any event or stimulus, that when following a response increases | secondary reinforcers: gain reinforcing properties through previous associa with primary reinforcers |
| se | sitive reinforcement: addition, or experiencing of, a pleasurable stimu |
| ll occur again |  |



## Learning

## Cognitive Learning Theory

(focuses on role of cognition, or thought processes, on learning)

suggested animals form a cognitive map of the physical layout of the maze

- performance not due to reinforcement
worked with rats in a maze latent learning: learning occurs but behavior not manifested until organism has reason to demonstrate it

Köhler
worked with chimpanzees;
set up a problem situation $\quad \begin{aligned} & \text { chimp first exhibited trial-and-error approach } \\ & \text { later appeared to experience a sudden insight into } \\ & \text { solving the problem (retrieving a banana) }\end{aligned}$
Seligman ${ }^{\circ}$ discovered that the animals did nothing in a specific situation
originally studied escape and avoidance learning in dogs
learned helplessness: tendency to fail to act to escape from a situation because of a past history of repeated failures; or according to recent work by Maier, possibly due to not learning how to relax and take control accompanied by activation of key brain structures

## Observational Learning

(the learning of a new behavior through the observation of a model; typically associated with classic work of Bandura and "Bobo doll" study)

later research suggested that potential consequences can influence motivation to imitate a particular model
key elements
for learner
nces

del $\quad$| pay attention to the model |
| :--- |
| able to remember |
| what was done |
| capable of reproducing, |
| or imitating, the actions |
| of the model |
| have the desire or motivation |
| to perform the action |



## Operant Conditioning (continued)

(learning to make voluntary responses through the effects of positive or negative consequences)



| Table 5.2 |  |  |
| :--- | :--- | :--- |
| Four Ways to Modify Behavior | PEINFORCEMENT | PUNISHMENT |
| Positive (Adding) | Something valued or <br> desirable | Something unpleasant |
|  | Positive Reinforcement <br> Example: getting a gold star <br> for good behavior in school | Punishment by Application <br> Example: getting a spanking <br> for disobeying |
| Negative (Removing/Avoiding) | Something unpleasant | Something valued or desirable |
|  | Negative Reinforcement <br> Example: avoiding a ticket <br> by stopping at a red light | Punishment by Removal <br> Example: losing a privilege <br> such as going out with friends |

punishment is any event or stimulus that, when following a response, decreases the probability that the response will occur again


### 5.11

## Cognitive Learning Theory

(focuses on role of cognition, or thought processes, on learning)


Köhler
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## Observational Learning

(the learning of a new behavior through the observation of a model; typically associated with classic work of Bandura and "Bobo doll" study)


## children observing

an adult model's aggressive or nonaggressive behaviors tended to later act in the same manner they saw modeled; no reinforcement was necessary
$\square$ later research suggested that potential consequences can influence motivation to imitate a particular model


